

# INTEGRATING HIV / AIDS WITH FAMILY PLANNING SERVICES AMONG DISPLACED PEOPLES OF NORTH RIFT KENYA

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# INTRODUCTION:NORTH RIFT REGION OF KENYA.

- North Rift region of Kenya is inhabited by pastoralists and agro-pastoralists. Because of the transhuman lifestyle of the residents there are constant spates of cattle rustling, armed conflicts and displacements. Women and children are the most affected.

# Introduction of Mwafrika INSTITUTE OF DEVELOPMENT.

1. Mwafrika Institute of Development (MID) is a local non-governmental organization working in arid and semi-arid areas of North Rift Kenya prone to frequent conflict due to cattle rustling.
2. MID's core Objectives are to:
  1. Address RH related needs of displaced persons in the North Rift region Kenya.
  2. Promote peace building and conflict resolution in the communities in the ASAL region of North Rift Kenya
  3. Contribute to reduction of HIV / AIDS burdens among the displaced persons in North Rift Kenya.
  4. Promote safe motherhood.
3. The organization works in collaboration with the ministry of Health (Baringo District Hospital)

# STRATEGY.

- M.I.D has adopted family planning and VCT services. Emphasis has been on;
  - Dual protection (combined use of condom and FP).
  - Use of universal precaution.
  - Ensure pastoral male involvement in family planning.
  - Prevent and manage gender based violence.
  - Established referral system to manage domestic care.
  - Treatment and management of STI's (referral to the health facilities).
  - Provision of Family planning services.
  - Management of post-abortion care.

# PRIORITY

- Create sustained demand for FP and guarantee contraceptive commodities securities.
- Ensure pastoral male involvement in FP programmes.
- Ensure strengthened RH service delivery, improve efficiency, quality and integration of FP and HIV / AIDS.

# CHALLENGES.

- a. Poor infrastructure because of terrain.
- b. High insecurity.
- c. Limited resources (G.O.K & Donors).
- d. Weak health care systems.
- e. Low level of integration of FP with HIV / AIDS services due to stigma.
- f. Low participation of community due to culture.
- g. HIV / AIDS and shift of focus.

# CONCLUSION.

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It is evident that;

- In conclusion, there is need for continued support for HIV / AIDS - Family planning services for displaced persons among in North Rift Kenya.
- All stakeholders must participate- Government, donors, community and NGO's.
- Improved comprehensive reproductive health services.



**Let us improve our practice!**

**Thank you!**